



### **Officer Survival: For the Mountain Bike Officer**

This demanding course combines tactical weapons training with high-intensity biking skills. Students will be challenged to put their bikes, and themselves, through a series of tactical and patrol maneuvers that will test their skills to the limit. Students should have basic skills in operating a mountain bike.

**Topics covered:**

- Winning mindset
- Tactical weapons skills
- Use of cover and concealment
- Immediate reaction drills
- Vehicle stops
- Emergency dismounts
- E&E (evasion and escape)
- Night ops
- Obstacles and barriers
- Off-road scenarios

**Duration:** 5 Days

**Tuition:** \$750.00

**Ammunition:** 800 Rounds Pistol

**Equipment Required:** Wraparound eye protection, ear protection, brimmed hat, pistol with three magazines and holster, duty belt, full duty gear including body armor, oc spray, baton, flashlight, handcuffs, mountain bike, helmet and gloves.

**TO REGISTER FOR, HOST OR SCHEDULE A CLASS, PLEASE CONTACT:**

**Team One Network**

620 Richards Ferry Rd  
Fredericksburg, VA 22406  
Phone Number: 540.752.8190  
Fax Number: 540.752.8192  
E-mail: [info@teamonenetwork.com](mailto:info@teamonenetwork.com)  
Web: [www.teamonenetwork.com](http://www.teamonenetwork.com)

**Upcoming Classes:**