



Officer Survival: For the Mountain Bike Officer

This demanding course combines tactical weapons training with high-intensity biking skills. Students will be challenged to put their bikes, and themselves, through a series of tactical and patrol maneuvers that will test their skills to the limit. Students should have basic skills in operating a mountain bike.

Topics covered:

- Winning mindset
- Tactical weapons skills
- Use of cover and concealment
- Immediate reaction drills
- Vehicle stops
- Emergency dismounts
- E&E (evasion and escape)
- Night ops
- Obstacles and barriers
- Off-road scenarios
- Use of Polar heart rate monitors

Duration: 5 Days

Tuition: \$750.00

Ammunition: 800 Rounds Pistol

Equipment Required: Wraparound eye protection, ear protection, brimmed hat, pistol with three magazines and holster, duty belt, full duty gear including body armor, oc spray, baton, flashlight, handcuffs, mountain bike, helmet and gloves.

TO REGISTER FOR, HOST OR SCHEDULE A CLASS, PLEASE CONTACT:

Team One Network

3900 Early Rd.

Harrisonburg, VA 22801

Phone Number: 540.437.7277

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E-mail: info@teamonenetwork.com

Web: www.teamonenetwork.com

Upcoming Classes: